

# Selene Cosmic Magic

I. Selene Definition: the goddess of the moon,  
who fell in love with Endymion.

It's your time to shine beautiful one. Read on  
let's lead you back home together.



# Hey soul sister!



This workbook is for you the girl who believes in her dreams, in the impossible. The girl who wants to make a difference. The girl who battles against what she has been taught to truly fulfil who she is destined to be. This is for the girl who is YOU. The STAR full of potential. It's your time to LEAD. Never give up on your dreams. All my love Stevie xxx

Stevie is an Astrology Coach to ambitious women who are on a journey to confidently manifest their dreams, fulfill their purpose and lead themselves boldly into their future.

Stevie helps YOU to discover what's written in YOUR stars. So you can live the abundant, bold and authentic life YOUR soul was made to in ease and flow.

Stevie is a trained and qualified Learning and Development Expert with over 10+ years of managing, leading, coaching individuals from a varied walks of life. Having led a corporate life Stevie combined her knowledge of self development with her passion and love of the Stars and the Moon to create services she delivers today.

An Intuitive Astrologer and Crystal Healing Practitioner. Stevie is qualified to deliver energy and astrology in a way which you can implement and get the success you desire.

In Stevie's unique personalized work she combines intuition, energetic healing, astrology and divination tools with psychology to lead you back to yourself to lead a purpose filled, abundant, comparison free and confident life.

# How to use your moon diary:

Light some candles, grab your crystal and cards. Create a sacred space, where you can connect with your inner voice.

This moon diary provides you with a guide of key moon dates for the remainder of 2021. The dates you may feel called to expand your soul a little deeper and connect to your intuition.

Print a copy of this and keep it with you, as a reminder of the dates but also to keep your notes of where you are heading so you can look back at your growth over the moon phases.

## What you will receive?

When you work with the moon you will connect deeper to your intuition.

Find your own rhythm in life and recognise patterns that hold you back. So you can release them under the moonlight and have deep peace in surrendering to the universe and what it has in store for you.

Because every challenge, positive and dream is all meant for you. It's just how you take action which will support you to unfold to your next level of expansion.

The moon can keep you accountable and allow you to track your life both the waxing, waning and the full moon. As even when we aren't shining at our brightest does not mean you don't have any sparkle.

"Stevie you make me see that my dreams are possible. I feel reenergised and focussed. Your work inspires me. - Diane"

# The Moon's 8 Phases

New Moon:- Make a wish, Say it out loud and write it down.  
Repeat after me I am all I ever dreamed.

Waxing Crescent:- My dreams are my priority. Share it with the world, Seize the opportunity. Repeat after me I prioritise my dreams.

First Quarter:- Spend time intentionally each day. Say no to the things that don't serve you. Repeat after me I am intentional with my energy.

Waxing Gibbous:- Observe your behaviour. Challenge old patterns. Repeat after me I am powerful.

Full Moon:- Celebrate your achievements. Write down what you are grateful for. Note down what holds you back and release it into the moon light. Repeat after me I am all I ever dreamed of and more.

Waning Gibbous:- Release what no longer serves you. Give back to others. Share your knowledge and skills. Repeat after me I attract my desires and give from my overflow.

Last Quarter:- Readjust, review and transition from what no longer serves you. What is working well and what isn't working so well for you. Repeat after me I prioritise my goals and my intention in all that I do.

Waxing Crescent:- Practice self care with love and ease. Release any feelings of guilt. Rest in a way which your soul desires. Repeat after me I nourish my soul to allow it to expand into who I am becoming.

Dark Moon:- Go inwards and listen to your higher self. What does she whisper to you. Day dream of your future self and commit to letting go of all of that which is no longer serving you. Repeat after me I am worthy of all my desire. I release stories, behaviour, souls and habits so they can transmute into new energy.

# Moon Dates 2022

## January

New Super Moon Capricorn January 2nd - Think about and plan where you want to succeed in life. What action do you need to take to get there?

Full Moon Cancer January 17th - Come home to yourself. Run a nice big bath bathe yourself, cook a beautiful meal and take a moment for you. Say no to things which aren't bringing you joy and recognise where you could be more flexible.

## February

New Moon Aquarius February 1st - Set goals and intentions which allow you to showcase your uniqueness think about how you support the wider community with your unique skills. Set intentions to share it.

Full Moon Leo 16th Feb - A time for celebrating your power. To do something joyful, playful and fun. To recognise your brilliance and stand in your worth. Check in on those intentions you set during lionsgate on 08.08.21.

## March

New Moon Pisces March 2nd - Time to dream and connect inwards to our dreams what calling and action is our soul requesting of us to connect deeper to our intuition, our dream world and what inner insight do we wish to make our reality.

Full Moon Libra March 18th - Bringing back all those things we cherish into balance, celebrating our connections our ability to listen and to connect to others and understand meaning. Take a moment to listen today and connect to those closest around you. If you have over given take a moment to reflect on your boundaries.

April there are extra wishing powers this month ☆☆☆

with 2 new moons

New Moon Aries April 1st - Connect to your purpose and passion. It's the start of the zodiac year. Think fresh new energy and set intentions aligned with your great mission in this life.

Full Moon Libra April 16th - Consider what boundaries you have to support you on your souls mission. What partnerships support this mission? Which partnerships are no longer serving you?

## May

New Moon Taurus Apr 30th and Partial Solar Eclipse - Check you rising, moon and sun sign below to see what areas of your life the eclipse is highlighting. Think of this solar eclipse in Taurus ending those habits and behaviours with you self care and money that no longer serve you ending. What new intentions do you wish to bring for your money and self care routine? The both are so linked. Your ability to receive abundance and feel safe is deeply rooted in how you feel in your body how can you nourish your body? How can you prioritise your energy?

Full Moon Saggitarius Eclipse May 16th - Do the eclipse card pull. Let go and release all that resides deep within your soul reflect on your journal notes from December when eclipse season began.

New Moon Gemini May 30th - Set intentions to learn, to grow your network and socialise.

## June

Full Super moon Sagittarius 14th June - The intentions which you set at the eclipse back in December 2021 review these celebrate how you have expanded with joy and belief in your goals. See where you are aiming and let go of anything that is holding you back as you aim and expand into your future version of yourself.

Summer Solstice - 21st June - Celebrate all your achievements allow the summer light to shine in you all your accomplishments. Think about what you want to bring into the next 6 months of your life. Pop your crystals outside for a little sunbathe mainly your yellow, red and orange ones let the sunlight charge them up. (note don't leave them too long to get sun damage take care of them!)

New Moon Cancer 29th June - Spend some time in the water allow your cancer energy to flow a bath or safe outdoor swim! Feel into where you can set intentions to be more flexible in your boundaries. Spend time at home and cook a beautiful meal for you and your family.

## July

Full Supermoon Capricorn July 13th - Celebrate your accomplishment. What success have you created in your life? What gets in the way of your plan reprioritise and check in with your plan to success. Check in with those new year goals from beginning of January you set on this new moon.

New Moon Leo 28th July - Set intentions which shine your light, showcase your skills and allow you to show to others what you are all about. Be bold, be proud and be bright!

## August

Full Moon Aquarius August 12th - Check in with your Aquarius new moon intentions. Celebrate your uniqueness. reach out to others and celebrate them. What new things have you learnt about yourself?

New Moon Virgo August 25th - Make a plan to take you into autumn winter, enjoy the outdoors, don't overthink things and take some action with the work you have been procrastinating on!

## September

Full Moon Pisces September 10th - Think about the plan you made a couple of weeks ago with Virgo energy how did it serve your big dreams? Get lost in pisces energy and celebrate believing in yourself!

New Moon Virgo September 25th - Take daily action intention, check in on your intention you set on previous new moon. Take note of where you may procrastinate. How can you get things moving with you plan and allow enough room for magic to weave its way through?

## October

Full Moon Aries October 9th - Celebrate your passions and purpose where you have taken action for yourself and shown up. What habits are preventing you from stepping forward into your passions in life? Release these under the moon light.

Partial Solar Eclipse and New Moon Scorpio October 25th - Do the eclipse card pull. Reflect on previous eclipse notes of what endings are taking place in your life, where are new beginnings and opportunities being made space for.

## November

Lunar Eclipse Taurus November 8th - Go back over journal of themes and thoughts that showed up over this last eclipse. Right down what you have let go, where the chapter is closing and take some time to reflect over what areas of your life the eclipse has changed use the eclipse details below to identify what it has transformed in your life.

New Moon Scorpio November 23rd - Set intentions for your passion, share what's in the depth of your soul place your pen to paper. Think of your desires and steps you can take to birth them into the world.

## December

Full Moon Gemini December 8th - Celebrate what you have learnt, connect with those in your circle and think about how you show up in social situations. How can you truly express yourself in a free spirited way?

Winter Solstice December 21st - Close the chapter on your year, think about what has worked well and what not so well? What are you committed to letting go of for 2023? What new intentions do you want to bring into 2023?

New Moon Capricorn December 23rd - Make a plan to sort and organise. Write down ideas that you want to be successful. Write a list which you can pick up in the new year to keep you on track. Take a moment to note down your word for 2023.

# Eclipse Meaning

## Eclipse Meaning 2022

Eclipses in Taurus and Scorpio began at the end of 2021 these will continue throughout 2022 the signs most impacted are Leo, Taurus, Scorpio and Aquarius for the fixed signs.

Those ending, new beginnings which showed up at the end of the year will continue to be a theme through the eclipses of this year.

## Taurus and Scorpio Eclipse

The theme with these eclipses brings awareness to our attachment to home, financial stability and how we feel safe with the homey and earthly energy of Taurus. There could be a calling to take action and feel less stuck in the mud with scorpio energy diving deep into the crevices of our soul and calling us to our purpose.

Reaching us out of our comfort zones and calling in transformation to note where in action keep us playing small and what steps we need to take to step into our fullest power.

## How these will impact you

Here's a guide to the areas of your life where you may experience a theme of endings and new beginnings. Or, you're being called forth on a path of change & transformation. Read both your Sun sign & Ascendant sign:

- Taurus & Scorpio: 1st/7th houses - This will see changes in your Partnerships/relationships and identity - your image & appearance, personal goals, your identity; love & relationships, significant others, agreements & conflicts, contracts & joint ventures
- Gemini & Sagittarius: 12th/6th houses - This will see changed in your Career and Life Purpose - retreat, quiet, solitude, a spiritual path; your health & work, what you sacrifice for others, being of service
- Cancer & Capricorn: 11th/5th houses - This will see changes in expression of yourself in groups - your friends, groups, politics & social issues; your children, creativity, love affairs, what you 'give birth to'.

## How these will impact you

- Leo & Aquarius: 10th/4th house - This will see changes in your foundations and your future path/career - your career & vocation, your status & reputation, where you're heading in life; your home & family, your past & roots, where you come from.
- Virgo & Pisces: 3rd/9th houses - This will see changes in education and belief- your education, neighbours & siblings, how you communicate; the bigger picture, travel, philosophy, religion, where you find meaning in life.
- Libra & Aries: 2nd/8th houses - This will see changes in you money and Self Worth - money, possessions, where your values lie; your joint finances, sexuality, all things hidden, the unconscious, the metaphysical realm.

# Eclipse Dates

April 30th Partial Solar Eclipse in Taurus

May 16th Lunar Eclipse in Scorpio

October 25th Partial Solar Eclipse Scorpio

November 8th Lunar Eclipse Taurus

# Card Pull

What thoughts have come up for me?

How can I integrate these new insights?

How can I protect my energy?

What does my soul need right now?

What makes me feel lighter?

# New Moon



## Meaning:

During this time, you can't visibly see the moon. It's all about new beginnings. This sparks new hope in us to start fresh. There is always an opportunity to start anew if you are waiting for a sign; this is it.

This is your time to dream big and be courageous in the vision for yourself. You deserve all the magic moments you want to call in for yourself.

## Ritual:

Light some candles.

Make a crystal grid. Using flowers, shells, stones and anything you feel called to use. As you make the grid, think of the intention you are bringing into your life.

Get your cards and journal; pull the cards below and then journal on the response.



## Crystal to use:

Use amethyst for this part of the moon cycle; it will support your connection with your higher self to go inwards to seek the desires which lie within your soul and allow these to come to fruition.



# New Moon

Card Spread/Journal Prompts:

What does  
you heart  
desire?

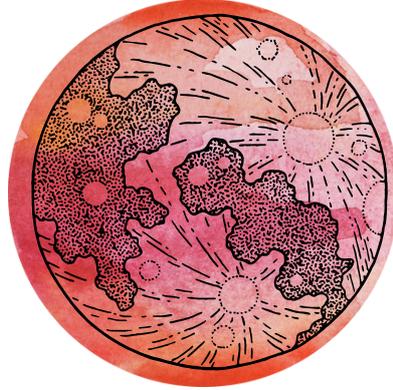
How does  
this dream  
make you  
expand?



How do you  
feel when you  
have achieved  
this big  
dream?

What steps  
can you take  
to embody  
this feeling  
in you every  
day?

# Full Moon Ritual



Write down what is no longer serving with you and where safely do so place it on a fire and allow the flames to take away your fears.

Write down a list of all the things you are grateful for.  
Place your crystals out under the moon light.

Don't forget if you want to you can charge your cards up with some moon light power too.

Take some water and pop it in a bottle and allow it to be charged under the moon you can drink this water or store it to cleanse your crystals with these.

Meet with some sisters under the moon, share your achievements and dreams.

Make a crystal grid.

Clean and refresh your altar.

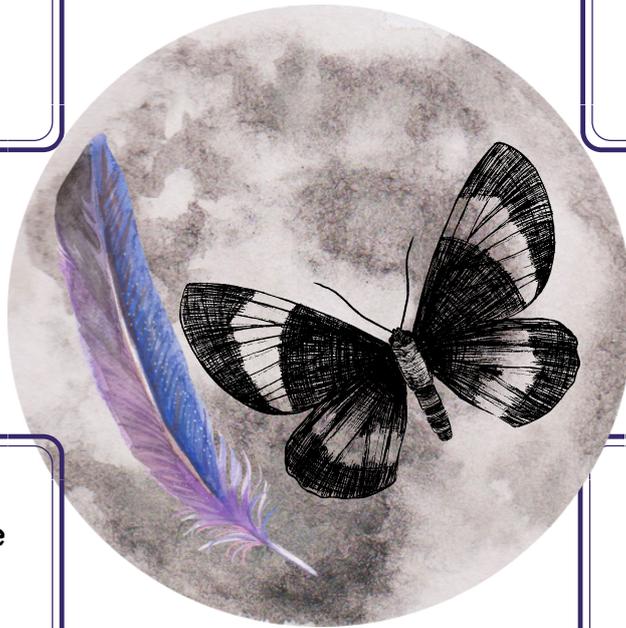


# Full Moon

Card Spread/Journal Prompts:

How can I  
celebrate  
myself?

What is no  
longer  
serving  
me?



What is the  
full moon  
shining a  
light on in my  
life?

How can I  
trust and  
let go?

A hand holding a dreamcatcher against a light blue background. The dreamcatcher has a circular web with a star in the center, and several long, thin tassels hanging from the bottom. The hand is wearing a light-colored sleeve.

# Want to deepen your connection to the moon and work with me for £10 a month?

Go from waiting for the perfect moment to starting now.

A moon diary each month - so you know what to do for each monthly cycle of the moon.

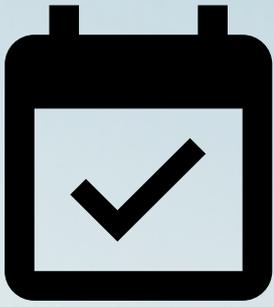
Card/Journal Spread - To unlock your thoughts and bring awareness to what's holding you back.

Resources - Updates and Inspo from me

Exclusive offer - Discounts to Stars by Stevie Offers & First Access to offers

[Join us here](#)

It's time to reach for  
the stars...

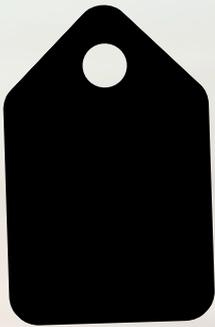


Ready to work with me  
let's catch up click here



Let's hang out on the  
gram

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Tag me in your moon rituals  
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