



*The girl + the moon*  
*membership*

*April Moon Diary*

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## Moon Dates for April 2022

1st April New Moon  
Aries

17th April Full Moon  
Libra

30th April New Moon  
Taurus

## How to use your diary.

On the dates of the energy use the prompts and zodiac updates in the pages below to harness the energy in line with your manifestations.

New Moon Aries - Use Aries Energy.  
Full Moon Libra - Use Libra Energy



On the New Moon - Make a wish, Say it out loud and write it down. Repeat after me I am all I ever dreamed. You can use the energies and exercise ideas outlined below to use that energy on the new moon and link that energy to your dreams.

The more you use these energies and align them with your intentions. The more you can explore your inner world and connect to your intuition. It takes practice and consistency. But through the membership you will get regular journals and workshops to help keep you on track





The card spread journal prompts throughout the journals you can either use for journaling or if you have oracle/tarot cards you can pull them on the new and full moon energy.

The prompts help you build and gain deeper clarity on what you want from life, your purpose, your connection to your higher self and this is the part of you that contains wisdom.

Lining up to the moon cycles is going to allow you to gain deeper sense of connection to your inner wisdom and magic. So the life of your dreams can unfold and you can boldly claim your destiny.

## *Find out your moon sign.*

The world represents your Inner World - Emotions - Hidden Personality.

This sign in your birth chart is known as your hidden personality. You are most likely to show these personality traits at home and with those closet to you.

Your moon sign is your gateway to your magic. Your relationship and nurturing your subconscious desires is key to support yourself to flourish.

It will also indicate the relationship you had with your Mother, therefore your inner child work is a great way to strengthen your connection to your moon.

Top tip read your moon sign first as it supports you in meeting your own needs first.

You can find out your moon sign by using your birth date, time and place.

If you use astro chart it will allow you to identify your moon, sun and rising sign (also known as ascendant - your rising sign is the best moon to manifest on! it's known as your super manifesting moon.)

Astro Chart Website Can Access Here:

[www.astro-charts.com](http://www.astro-charts.com)





## Aries New Moon

Fire March 21st - April 19 - I am

1. Take the first step - Set your goals with soul think about what it is that really lights you up? What are you passionate about? How do you want the next 12 months to unfold?

2. Be Assertive - Share what it is you need and let others know your boundaries, actively practice saying no and making a point of keeping to your new boundaries.

3. Embody free spirited energy - do something spontaneous for yourself and with the ones you love. We don't remember days we remember moments. How can you create some fun and magic in your days this month?

4. Drop your fear and step into your power. Aries energy is fiery, passionate and it's about embodying I am. So be what it is you are becoming, make space for it to grow and step into now. There is no time like the present. What's holding you back? Take one step today to step into who you are becoming.

When in balance:- Assertive, bold, optimistic, fearless and passionate.

When out of balance:- Restless, impulsive, yearning, impatient.

How is the energy showing up in your life at the moment? What steps could you take to bring it into balance?



# Aries New Moon

## Card Spread

How can I stand  
boldly in my  
power?

What holds me  
back asserting  
my passions?

What passion do  
I feel to light  
up in this  
energy?

What action  
does my soul  
feel passionate  
to take?



## Full Moon Libra

September 23 - October 22 | balance

1. Beauty - Libra energy loves beauty so with this energy dress yourself up and/or reglam your living space.

2. Partnership - Now is a good time to bring things into balance libra energy allows you to see both sides so it is good to recognise balance and how you can bring this into your relationships to avoid any bubbling concerns not being addressed.

3. Codependency - Evaluate how you support others? Are you doing it from a place of love? What are you saying yes? Libra energy can bring with it co-dependency issues so now is a good time to evaluate how you are giving and receiving energy in relationships.

4. Listening - This energy allows us to see two sides of the story so don't jump the gun with solutions and take time to hear out other solutions and listen to your intuition too. In place of questioning listen to what others have to say.

When in balance : Calm, Diplomatic. Stable, Sophisticated and clear headed.

When out of balance: Unbalanced, superficial, self absorbed and judgemental.

How is the energy showing up in your life at the moment? What steps could you take to bring it into balance?



# Full Moon Libra

## Card Spread

What beauty  
surrounds you  
right now?

How do you love  
to express  
beauty?

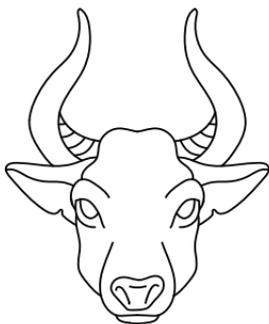
What feels like  
its currently in  
balance in your  
life?

What feels out of  
balance?

Where do you feel  
pulled to speak  
out in life to  
share your point  
of view?

What holds you  
back?

What doubts or  
fears hold you  
back from  
receiving beauty  
and luxury in  
life? How can you  
begin to release  
these under the  
full moon?



## *New Moon Taurus*

Earth April 20 - May 20 - I have

1. Self care - make this a priority this month. Do things that show you, that you love yourself and care for you. What is your ultimate goal to self care practice that makes you feel loved? Do it.

2. Take care of home and finances - This is a great month with Taurus energy to make a plan on finances and future plans for your security. Think about what it is that makes you feel safe and conduct an audit of your assets, set future financial and home goals during this time.

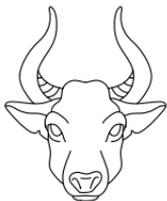
3. Rest, Relax and have patience - Taurus energy loves to slow down, to take care of its self and we can live a fast paced life. This energy is inviting us to slow down a little and make space to rest and relax without guilt or feelings attached to the need to be doing. Drop the to do list and make a rest and relax list.

4. Check in with yourself - Taurus energy when out of balance it can be quite possessive, stubborn or not even willing to negotiate. Think about areas in your life you may be displaying these qualities think where you may be able to bring in some flexibility.

When in Balance:- Devoted, earthy, patient, steady, relaxed and dependable.

When out of Balance:- Stubborn, lazy, complacent, indulgent and static

How is the energy showing up in your life at the moment? What steps could you take to bring it into balance?



# *New Moon Taurus*

## Card Spread

How can you bring into more luxury and indulgent self care into your day to day routine?

What action can you take?

What makes you inclined to stay in your comfort zone?

How do you feel about your finances? How do you feel when spending? What energy feels blocked around finances?

What makes you feel comforted and secure? How comfy do you feel? How can you support yourself to feel safe when you take action?

# Moon Tips

## How to make the most of manifesting with the moon

Your Super Moon for Manifesting is:-

Two signs after your Sun Sign and Ascendant Sign e.g. if Aries is your sun sign your super moon for manifesting would be Aquarius

Your Moon Sign:-

The Moon in your chart represents our inner world, our emotions, subconscious and emotional needs. Your moon sign will tell you about your most vulnerable and emotional sides, and illuminates your private inner world. When reading your horoscope read you ascendant sign first, then your moon and then you sun sign.

If you are feeling particularly emotional about something that is going on in your life then reading your horoscope for your moon sign can support you with gaining further insights in to how you are feeling.

# Moon Tips

## How to make the most of manifesting with the moon

You can use this to plan out your year of moon wishing and use the energy to expand on each area of your development. Using this as a guide to support you and keep you accountable for your goals.

### New Moon and Full Moon

On the new moon you set the intentions in this area and then during the full moon you review your progress with the intentions you set at the new moon in the star sign in which it was in and celebrate your achievements and release any negative behaviours which are holding you back,

Note that the New Moon falls each month in the zodiac sign and then it will fall into the full moon in this sign - 6 months later you can check moon status through moon app.

### Daily Moon

You can check the daily moon as well to identify which sign it is in. That way you can bring in the energies of that day and your intentions under that new moon into every month as these go through the signs changing throughout.

The best app to track moon cycles to look for daily moon updates on the cycle and where the moon is free on app moon phases.

# *Moon Notes*

My moon journey

My moon sign is:-

My super moon for manifesting is:-

# Celestial Cleanse

A 121 session to get crystal clear on your vision and get you back on track.

Go from creating in chaos to clear crystal vision.

These sessions will get you back to where you are destined to be and feel clear on where you are going to get motivated and inspired.

Join the programme here:

[www.starsbystevie.com/celestialcleanse](http://www.starsbystevie.com/celestialcleanse)

# Lunar Activation Programme

A space for ambitious and driven souls ready to level up their manifestations with a group of like minded sisters in a sacred community.

From disconnected soul to the intuition lead goddess. A 5 month programme to unlock your most productive and balanced life.

This programme and sisterhood will provide you with personalised coaching, group sacred circles and personalised moon diary for you to feel inspired, activated and motivated in your dreams and visions.

Join the programme here:

[www.starsbystevie.com/thelunaractivationprogramme](http://www.starsbystevie.com/thelunaractivationprogramme)

*It's time to reach for the stars...*



Tag me in your moon rituals on your stories  
#thegirl+themoon



Keep me posted on your progress through dm's @starsbystevie

